



*Live the Foreign Life!®*



**Foreign Exchange Experiences Abroad**  
for  
**Adults & Seniors**

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# **Foreign Exchange Experiences Abroad**

for  
**Adults & Seniors**



**A gentler way to be a tourist.**  
**A more engaging way to travel.**

Authentic cultural immersion experiences and activities abroad. Similar to the “foreign exchange programs” for high school and college students, but geared to the interests and requirements of adults and seniors.

**Over the many years (35) I have sent students abroad, the parents and grandparents, the ones who pay for the experience, have asked me "How can I do the same thing?"**

**Now they and you can!**

**These are experiences you can have as an individual or as a couple; or a small groups of friends. No tours!**

**You spend the day actively exploring or learning, and go home each night to friendly hosts, not a hotel.**

**The lodging and meals are with local hosts.\***

*For those who want to meet people, but who do not want the homestay experience, we can arrange something comparable.*



Foreign Exchange Experiences Abroad is a program to allow Adults & Seniors to enjoy the same types of "foreign exchange experiences" available to high-school and college students.

You are never too old; there is no upper age limit. Age does not set limits on your interests; there is no particular age beyond which you cannot do the things of which you have always dreamed: explore scenic wonders off the beaten track, travel historic routes to unusual destinations, participate in unique cultural events and religious celebrations, study culinary arts and enjoy gastronomic delights. Your experience can be whatever you can imagine - let your imagination soar!

We prefer to call this Cultural Immersion Experiences & Activities as opposed to Cultural Travel or Cultural Adventures. The term Cultural Travel is used by travel agencies and websites to describe group tours by bus to commonly-visited monuments, museums, historic sites and such. Group members stay in large, impersonal hotels and eat together in pre-selected tourist restaurants. Similarly, Cultural Adventures involve group tours, although generally to somewhat more exotic locales than cultural travel tours.

There is nothing wrong with these tours and they are good introductions to other countries

and cities... but there comes a time when you want more; to go beyond the introduction. The fundamental difference between a group tour and a Cultural Immersion program is really about getting to know people, engaging them, on a one-to-one basis. It is Advanced Travel as opposed to Beginning Travel.

Cultural Immersion involves contact and interaction with the local people, sharing their way of life and traditions, their foods, sports and music, their daily activities, events, and festivities, as well as participating in religious and national holidays. You share real human experiences, not with other tourists but with the people of the country.

Do you have a particular passion: genealogy, medicine, golf, history, architecture, music, gardens and gardening, education, or any of a wide array of interests? You can be matched with local people who share that passion.

Cultural Immersion requires acceptance of other ways of doing things. There is no single "right" way; instead, there may be many "right" ways. Cultural Immersion programs let you see the world from another perspective.

I encourage you to try a Foreign Exchange Program for Adults.



### \* Selection of Hosts

- Our hosts are carefully selected; they are not people who just "rent rooms."
- Luxury HomeStays are available.
- Hosts are selected who share some of your interests, or who have friends and contacts who share some of your interests, and can guide you to where and how to do what you want to do.
- Unless you request otherwise, you will be treated as a member of the family.
- If requested, you will be placed with hosts who speak English well.
- There is always a Local Organizer who speaks English very well, in case of emergencies.
- Private Bathrooms are available.